



**Grand Master Choa Kok Sui** is a chemical engineer, successful businessman, philanthropist and internationally renowned author, teacher and founder of Pranic Healing. He leads the Institute for Inner Studies and the World Pranic

Healing Foundation in Manila. Of Chinese descent, he grew up in the Philippines and now offers his life to research and explain the science underlying the world's healing techniques and religious/spiritual philosophies. He teaches and publishes his findings around the globe to give people practical, easy to learn techniques to improve their physical, emotional, mental and spiritual health and to raise global consciousness.

**His books:**

- Miracles through Pranic Healing
- Advanced Pranic Healing
- Pranic Psychotherapy
- The Ancient art of Pranic Crystal Healing
- Psychic Self Defense
- Achieving Oneness with the Higher Sou
- Universal & Kabbalistic Meditation on the Lord's Prayer
- The Essence of Man
- Superbrain Yoga and others.



**Master Cristina 'Nona' Castro** is a personal student of Grand Master Choa Kok Sui and head of Pranic Healing in Canada and South/Central America. She has been a teacher most of her life and she approaches her work with reverence, dedication to purity,

clarity, efficiency, and fun. Master Nona teaches higher level courses across Canada.

*"There are more things in heaven and earth,  
 storatio, than are dreamt of in your philosophy"  
 -Shakespeare*



**Antjie Halim (MA, Soc. Sci., Cert.Yoga Instructor, Senior Certified Pranic Healer)** is an authorized representative, owner and director of the Ontario Centre for Pranic Healing. She has over 20 years of experience in various complementary

healing modalities, led workshops and retreats and taught yoga for over 20 years. She has been practicing Pranic Healing for the last 11 years and now primarily gives individual sessions in Pranic Healing and travels to teach and train healers.

**Ontario Centre for Pranic Healing**

[www.pranichealingontario.ca](http://www.pranichealingontario.ca)

The Ontario Centre for Pranic Healing is located in the beautiful Niagara area in a serene and quiet setting, easily accessible from the QEW.

There are affiliate centres in the Windsor area and in the Ottawa/Quebec area.

**We offer:**

- Pranic Healing Courses
- Internship & Certification Programs
- Individual Sessions with Certified Practitioners
- Introductory Lectures and Demonstrations
- Free Weekly Clinic by Appointment
- Support Groups for Practitioners
- Regular Meditations and on Full Moons
- Pranic Healing Books and CDs

**Affiliated Centres:**

**Southwestern Ontario**  
**Lori O'Neill**  
 (519) 979 3892  
[kiloneill@cogeco.ca](mailto:kiloneill@cogeco.ca)

**Eastern Ontario/Quebec**  
**Patricia Kehren**  
 (819) 281 9543  
[patriciakehren@videotron.ca](mailto:patriciakehren@videotron.ca)

**For information:**

**Antjie Halim**  
 (905) 262 1697  
[info@pranichealingontario.ca](mailto:info@pranichealingontario.ca)



Master Choa Kok Sui  
**Pranic Healing™**  
 for Health & Success



**A revolutionary  
 healing technique**

[www.pranichealingontario.ca](http://www.pranichealingontario.ca)

## **Prana is a Sanskrit word for the vital energy or life force that drives all living structures.**

Physical, emotional and mental disorders and diseases are reflected as imbalances in the energy field of the body. Pranic Healing corrects these imbalances reinstating health. It is a completely no-touch technique administered with the client fully clothed.

*You can receive a Pranic Healing session from a certified Pranic Healer or you can learn it to help yourself, your family and to improve your health, your life and profession.*

### **Pranic Healing is effectively used:**

- **for chronic and acute physical and psychological disorders and diseases**
- **for pain management**
- **to improve relationships and heal the past**
- **to materialize goals**
- **to increase prosperity and professional success**
- **to develop spiritually**

### **The 3 basic techniques of Pranic Healing are:**

- **scanning for diseased energy**
- **removing and disintegrating those energies**
- **replenishing with clean and healthy prana**

Pranic Healing synthesizes the principles of energy healing from around the world and has become the most advanced and complete method of vibrational healing. Grand Master Choa Kok Sui, a chemical engineer, author and spiritual master, researched, modernized and methodically put together the techniques and concepts. They are documented in his books, published in over 20 languages and taught in standardized courses, which stand apart in their precision, clarity and simplicity. Pranic Healing is taught in all continents to people from all walks of life as well as to other health professionals to supplement their work.

With the advent of computerized equipments sensitive to energetic emanations continuous research and studies are being done on the effects of Pranic Healing (see pictures of tap water crystals before and after Pranic Healing, an experiment by Dr. Emoto. For other research/studies go to [www.pranichealing.org](http://www.pranichealing.org). Worldwide Pranic Healing centres work in cooperation with the Institute for Inner studies and its charitable organization, the World Pranic Healing Foundation, to improve the quality of life.

*Pranic Healing is respectful of all religions & philosophies.*

"I had leg pains for three years intermittently. Once the pain was so bad that I could hardly walk from the car to the clinic entrance. After one Pranic Healing treatment there was a marked improvement, but after three treatments the pain was gone completely. - R.B., Mississauga, ON

Pranic Healing helps clear negative energy around the body which can make us sick. Antjie Halim mastered this unique healing method. After a few sessions she opened the door to my inner core and brought an awareness into my consciousness through the release of old traumas and patterns that had been illusive and had unbeneficial effects on my life and health. I feel free and light after the sessions. - Dr. Barbara Grund, Doctor of Natural Medicine

As a music teacher I work with as many as 150 children a day in a school of over 600 students. The techniques I have learned in the Pranic Healing courses help me to keep my environment and myself energetically clean which helps me handle the stress of my work load and avoid "burnout". I use these techniques daily before and after work. - Barb Eley, Rockwood, ON

I had a severe burn on my leg from a hot iron. It was not healing and looked like I might need a skin graft. After a friend performed Pranic Healing on me, I found the pain greatly reduced and soon after I was told I would not need a skin graft after all. - Natalie Clarke-Neal, Guelph, ON

Pranic Healing is life changing and eye opening. It is the most professional, precise, and practical of all the healing modalities I have learned. It answered questions I had that other modalities did not. It's not just about healer-client, rather it has become a part of my daily life and I use it to take care of myself, my family and environment. I am thankful everyday for Pranic Healing. When my daughter was bit by a dog the Pranic Healer in me took over. Before she could stand up from the ground the bleeding stopped. While we waited many, many hours in the hospital for a plastic surgeon, she remained calm and hummed songs (I was amazed because she is usually a very dramatic child). She did not have nor needed any pain medication. I continued to apply Pranic Healing to keep the swelling down. The bite was so bad I could not imagine my daughter ever looking the same again, but before the week ended all stitches had dissolved and one could hardly believe she had been through such an ordeal. Now, on the outside of her lips she has faint scars and on the inside the scars are gone and she continues to love, cuddle and hug dogs. Pranic Healing is a physical, emotional, mental and spiritual healing. Thank you Antjie for being the most professional and passionate teacher that I have known in the holistic field. You take great pride and pleasure in your teaching and it shows. I have learned so much and have grown as a person. With respect. - Lori O'Neill, Wife/Mother/Pranic Healer, Windsor, ON

My daughter was constantly going from one job to another without being hired. On my petition during a full moon meditation, I asked that she be hired at her current job. Two weeks later she was hired on full time. - S. Skinner, Postal Employee, Guelph, ON

My dog had hotspots (patches of moist, ulcerated areas of skin, extremely itchy and painful with a serious discharge that crusts over.) I took him to the vets on a Friday. She said that it was the worst hotspot she had ever seen. He was given antibiotics. I spent the next 2 days giving him healings every 2-4 hours. I took him back to the vets on Monday to see how he was reacting to the drugs. It was a different vet. He told me that my dog was coming along fine. Then he asked if I had any antibiotics left. I explained that we were just getting started. He looked up from the report in astonishment. He was amazed how well the wound had healed, he thought it was at least two weeks old. I was very pleased, and proud. - S. Skinner, Pranic Healer, Guelph, ON

After several years practicing as a professional pastry chef, and recently as a line cook, I had developed severe carpal tunnel syndrome in my right arm. I was forced to take a leave of absence. I experienced only limited relief from the pain and numbness in my hand, wrist and forearm after three treatments of physiotherapy and ultra sound. I tried a session of Pranic Healing with a qualified healer (Antjie Halim) and had 100% relief of physical symptoms after one treatment. I was able to sleep without discomfort in my arm, wrist and hand and did not need to use a brace anymore. - Vera Keyes, Chef

## **COURSE OUTLINE**

### **I BASIC PRANIC HEALING** (no previous requirements)

- teaches the connection between physical anatomy and the human energy system (auras, chakras, meridians)
- teaches the properties of the 11 major chakras
- increases sensitivity of the hands for sensing energy levels and conditions of auras/chakras
- techniques to clean energy body and replenish with clean prana
- abnormalities underlying over 90 diseases
- self healing and distant healing techniques
- prosperity, and the Twin Hearts Meditation for peace and illumination

### **II ADVANCED PRANIC HEALING** (prerequisite Basic PH)

- teaches advanced techniques to access higher energy frequencies safely
- detailed methods to work with more serious diseases, to stimulate the immune system, cleanse the blood and internal organs
- methods of cell regeneration for rapid healing
- methods of cell reprogramming

### **III PRANIC PSYCHOTHERAPY** (prerequisite Adv. PH)

- techniques to heal obsessions, compulsions, addictions, depression and suicidal tendencies
- phobias, traumas, irritability, violent/paranoid behaviour and hallucination
- procedures to stop smoking, alcohol/drug use
- ways to clean adverse energies from foods, pets, buildings, objects
- instructions to disintegrate or transmute negative psychic energies; cracks and other damages to the chakras
- find the sources of illnesses

### **OTHER COURSES:**

### **IV PRANIC CRYSTAL HEALING** (prerequisite Adv. PH)

### **V PSYCHIC SELF DEFENSE** (prerequisite Pranic Psychotherapy)

### **ACHIEVING ONENESS WITH THE HIGHER SOUL**

### **PRANIC FENG SHUI**

### **KRIYASHAKTI** (universal laws governing abundance/prosperity and goal concretization)

**ARHATIC YOGA** (the yoga of synthesis, the spiritual practice paralleling the practice of Pranic Healing, a path of intellect, of will and of love. It develops intuition, advance mental powers, refined emotions and longevity.

*Every participant receives an original certificate from the Institute for Inner Studies.*